



# June Newsletter

## Sun Safety

Summer is right around the corner and the sun is shining! But before you or your students run outside for lunch break, gym class, track and field, or other outdoor activities, make sure you remember the 5 S's...

**Slip:** on some clothes that will protect your skin from the sun (loose-fitting and tightly woven are best).

**Slop:** on some sunscreen that is at least SPF 30 and filters UVA & UVB rays (broad-spectrum). Put sunscreen on 20 minutes BEFORE you go outside, so it can soak in. Don't forget your ears, nose and feet if you are wearing sandals! Lips should also be protected with SPF 30 lip balm.

**Slap:** on a wide-brimmed hat to protect your face, ears and neck

**Seek:** shade when outside between 11am-4pm

**Slide:** on some sunglasses that have 100% UVA & UVB filters.

Sun damage can happen quickly, so make sure to remind youth about these 5 S's.

For more information on sun safety visit: [https://www.niagararegion.ca/living/health\\_wellness/sunsafety/sun-safety-tips.aspx](https://www.niagararegion.ca/living/health_wellness/sunsafety/sun-safety-tips.aspx)

## Report Cards

Term 2 Report Cards will be sent home on June 24<sup>th</sup>. Digital copies of the report cards will also be available in the parent portal at this time. Your child's teacher for next year will not be communicated until the end of the summer, as staffing continues to be fluid. Thank you for your patience and understanding. As a reminder, the last school day for students is June 27<sup>th</sup>.



## Dress Code

Just a reminder that we continue to have a dress code in place at St. Alfred. As the weather has warmed, we have seen an increase in the number of students who are not in compliance with the dress code. Shirts are to be navy or white and must have a collar, unless they are spirit wear shirts. Bottoms are also to be navy blue. Finally, we have some students wearing very short skirts or shorts. Please do your best to ensure that your child's skirt or shirts are knee length. Thank you for your co-operation.

## McMillan's Pick Up

Families who participated in our McMillan's fundraiser are invited to pick up their orders at St. Alfred on Friday, June 13. Please be sure to pick up your order on that day, as we do not have freezer space to store orders that are not picked up. Thank you to our Catholic School Council for organizing this fundraiser!